

# Altrusa Tiffinette

## Upcoming events

### Mon., May 3

Bob Evans fundraiser  
from 4 pm to 9 pm

### Tues., May 4

3:30 - Seneca  
County Youth  
Center for crafts

6:15 - Board  
meeting

7:00 - Meeting at  
Elmwood -

### Tues., May 18

7:00 - Installation  
of Officers &  
Dinner at Coe  
Street Baptist  
Church

### Thurs., May 20

6:30 - Seneca  
County Youth  
Center for games

## President's Message

# ALTRUSA



Dear Ladies,

I can not believe my first year of president is almost over and we will be starting a new year. It went so fast.

I hope all of you that went to conference had a great time. I got very little sleep but it was very nice. We will have everyone report on the workshops they went to at our next meeting. They also had very nice entertainment as well, and food was excellent. I think I came back with a few more pounds than I went with.

Unfortunately, we did not bring any awards home. However, it was not for lack of trying; it was because our submission for Letha Brown and the Mamie Bass awards that were sent in never were received. I would just love to know where they got to.

I felt so bad. I know Teresa and her committee worked hard getting everything done and were postmarked on time. Next year, we will add a confirmation on them so we are sure they were received.

Remember our Bob Evans fundraiser is Monday May 3<sup>rd</sup> be sure to get the coupons out to your friends, relatives, and just everyone you see.

In Service and Friendship

*Carol*

# April get-together with Findlay Altrusa

**Top right:** Findlay and Tiffin Altrusans socialize before supper. **Middle left:** Puppeteer and musician Ruth Brown entertains Altrusans. **Middle right:** President Carol Hammer checks for more attendees before starting the evening's proceedings. **Bottom left:** Findlay Altrusa President Jean Disher listens to performance.



## Contact info...

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The *Altrusa Tiffinette* is published at the beginning of each month. Articles, minutes, inspirational pieces, story ideas, recipes and even jokes are welcome. These are due by the second meeting of each month. Please send them in 12 pt. Arial. Do not use all caps or funky type, please!

Checkout our website at

<http://www.tiffinaltrusa.com>

**Altrusa International, Inc. of Tiffin, Ohio**  
**April 6, 2010 Business Meeting Autumnwood Care Center**

President Hammer called the meeting to order at 7:15 p.m. and followed with the Pledge of Allegiance and Altrusa Collect. Roll call: Aller, Fraley, Frederick, Hammer, Harrison, Heil, Hoschar, Howard, Knaur, Lather, Riedel, Sendelbach, Simonds, Steinmetz and White. A quorum was met. Minutes for March 16<sup>th</sup> were approved.

**Committee Reports:**

**Community Services-** The program speaker did not show so the members reviewed the programs and suggestions for future programs. Meeting was at the Amer. Red Cross.

**Literacy-** Simonds has books for Mercy Hospital in her home; Lather has the crayons and some books and a letter from the Pediatric Nurses wrote a thank you note for the Books and Babes. The membership approved to give some of the larger stuffed toys to a Fireman who lives across from Carol to be used when they have fires and accidents with children involved.

**Fundraising-** Report given on the May 3<sup>rd</sup> Bob Evans Benefit (4pm-9pm) and the September 25-26 Chicago Girl's Weekend event.

**Sunshine-** Opal sent Easter Cards to the Veterans and Sympathy Cards to Barb Vogel and family in the death of Dean Vogel, Sr.

**Public Relations-** Article on visit to Sandusky Soldiers Home was sent in with a photo.

**Special Events** - Lather and committee completed the plans for the April 20<sup>th</sup> meeting with Findlay Club at the Am vets. Dinner cost will be \$14 per person.

**Awards for Conference-** A total of (5) awards were done and mailed to the District for Judging.

**ASTRA** - Knaur was chosen to be co-chair for ASTRA on the District level. Charaya Myers and Rachelle Moore will be our guests for the Conference programs on ASTRA.

**Seneca County Youth Center-** April 6 volunteers were Lather and White. May 4 will be with Knaur and Frederick.

**Scholarships** – Discussion on permitting a candidate to only win one Scholarship was to be noted by the committee on the form. There are 4 entries at present.

**Altrusa Newsletter-** bio's are needed and committee reports.

**District Five Conference-** April 23-25, 2010

Delegates Hammer and Simonds Alternates Lather and Frederick. Others attending will be White, Fraley, Harrison, and Knaur. Howard is serving as Second Vice, BRR Chair, and DS Web Master on District level. Hammer is our President; Simonds are President-elect, Lather our First Vice President. The Foundation item from our club was a purse made by Frederick.

**MOTION #1** To take \$3,000.00 out of the Scudder Fund to be used for Scholarships on May 2011. Stallard made the motion, seconded by Sandy Yarborough. Carried.

**MOTION #2** To pay Harrison \$20.00 for the hand-sanitizers to be given at Conference. Frederick made the motion, seconded by Fraley. Carried.

**MOTION #3** To approve Knaur in pursuing addition possible members for ASTRA Club with the club paying for the conference fees. Motion by Lather, seconded by Howard. Carried.

**BOX OF LOVE** was given to Sendelbach by Knaur.

Meeting adjourned at 8:00 p.m.

Submitted by Secretary Harriett White

# District Five Annual Conference

## April 23-25, 2010

**Top right:** Carol Hammer, Gloria Fraley Mary Lou Harrison and Harriet White relax between sessions. **Middle:** Charaya Myers and Rachelle Moore listen to ASTRA speaker.. **Bottom left:** Hammer addresses convention goers. **Bottom right:** Convention goers pose for group shot.





**Top:** Harriett White, Joyce Lather and Gloria Fraley attend conference session. **Middle left:** Harriett and Kathleen Howard pause between sessions. **Middle right:** New Tiffin banner displayed at conference. **Bottom left:** Karen Simonds attends officer training. **Bottom right:** Kathleen poses with her "twin."

# Committee Reports

**Fundraising-** Please remember our fundraising at **Bob Evans**, Monday May 3rd. I have more coupons if anyone needs them. Also, please keep on trying to sell tickets for the **Bus Trip to Chicago**. I have tickets and flyers if anyone needs them. Tickets are \$130.00 this year, but we do get a full breakfast this year. The Embassy Suites is beautiful, I have been there and checked the rooms. Rooms each have a livingroom with a table and 4 chairs, a refrigerator, a couch (which pulls out into a bed) and a bedroom area. Much nicer and larger than last year.

**Special Events** - The annual Bi-City dinner with Findlay Altrusans was held April 20 at the Amvets. Fifteen Tiffin members and ten Findlay members attended. Mary Heil and Harriett White brought the dessert. Karen Knaur was responsible for the table decorations/door prizes which were won by two members from Findlay and two members from Tiffin. Ruth Brown gave the program using her puppets, flutes and washboard music.

The Special Events Committee will make arrangements for the installation dinner on May 18 at Coe Street Baptist Church. Karen Knaur will present suggestions for the dinner at our next meeting.

**ASTRA** - Charaya Myers and Rachele Moore attended district ASTRA conference in Dublin. Karen Knaur has been selected as the district's ASTRA co-chair along with Columbus Altrusan Joan Arnold.

**Scholarships** Twenty nine scholarship applications were received by April 15, and an additional ten applications came in after the deadline. The Scholarship committee met April 26 to review the applications.

Recommendations will be presented at the May 4 meeting.

**Altrusa Newsletter-** Bios are needed and committee reports no later than **Tues., May 18**, Because I will be on vacation from Memorial Day to June 6. Bios are still needed from the following:



Elva	Mary	Opal
Jan	Teresa	Tami
Rayella	Catherine	Wendy
Nancy F.	Karen K	Vickie.
Carol	Dawn	Louise

*The world would be better off if people tried to become better.  
And people would become better if they stopped trying to become better off.  
For when everybody tries to become better off, nobody becomes better off.  
But when everybody tries to become better, everybody is better off.*

*(from a church newsletter)*

## 5 Things You Never Knew Your Cell Phone Could Do

For all the folks with cell phones. (This should be printed and kept in your car, purse, and wallet. Good information to have with you.) There are a few things that can be done in times of grave emergencies. Your mobile phone can actually be a life saver or an emergency tool for survival.

**FIRST** - The Emergency Number worldwide for Mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an Emergency, dial 112 and the mobile will search any existing network to establish the emergency number for you, and interestingly, this number 112 can be dialed even if the keypad is locked. Try it out.



**SECOND** - Have you locked your keys in the car? Does your car have **remote keyless entry**? This may come in handy someday. Good reason to own a cell phone: If you lock your keys in the car and the spare keys are at home, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from your car door and have the person at your home press the unlock button, holding it near the mobile phone on their end. Your car will unlock. It saves someone from having to drive your keys to you. Distance is no object. You could be hundreds of miles away, and if you can reach someone who has the other 'remote' for your car, you can unlock the doors (or the trunk).

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# Spotlight on Harriett White



I began life weighing 3 lbs in Wyandotte, MI. on September 23, 1938. Since then I have made up for that low weight. I get my enthusiasm and love of life from my mother who inspired me to follow my dreams.

Included in those dreams was marriage and I hit "pay dirt" with hubby Bob 53 years ago. He has always been very supportive of things I have done and knows how to cook and clean as well as I do. Well,

maybe even better.

We have two sons, Dan, who is an attorney in Hudson, Ohio and Mike, who is a English professor at the University of Las Vegas for the past 10 years. Both are the joy of our lives and we're very blessed.

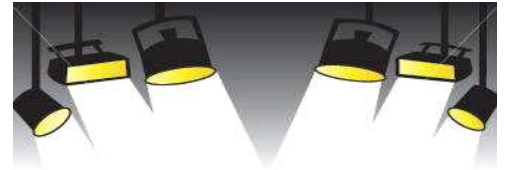
Trinity UCC is our church affiliation and we have served in many volunteer areas. I love singing, genealogy, attempting watercoloring, casinos, traveling with Bob especially this past year when we went on a cruise through the Panama Canal.

Things you might not know is that in 1981-1982 I served as President for Tiffin Woman's Club, Lakeside Federation of Women's Clubs and Tiffin Altrusa Club.

I served on the Selective Service System board from 1981-1991. I was a member of the Chamber Board of Directors while manager of the Tiffin Mall. While manager of the Tiffin Mall I rode bravely on the elephant out in the parking lot and was not too swift in climbing on and off "Betsy" via ladder. Bravely is the right word because I am afraid of heights.

In 2006 I was presented the Woman's Career Excellence Award which was an unbelievable honor and I thank Mary Lou Harrison for presenting my name as a possible awardee. She even got Bob to surprise me and come for the event.

I was with the Ohio Bureau of Motor Vehicles in Fostoria,



Findlay and finally in Tiffin where I retired after ten years in the Tiffin office in 2006.

In 1975 I was invited to the Altrusa Club of Fostoria, Ohio. What an honor to join with so many dedicated, professional women whose volunteer work was a pride of the community.

Later I transferred to Tiffin and served as president from 1981-1983 and then onto the District as Governor position from 1991-1993.

Mamie L. Bass's words that an Altrusan shall endeavor to develop the right attitudes toward work, toward people and toward life is what I live by. I value the friendships of all those who have shared with me in our work to make the community and our world a better place before we leave it.

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**THIRD** - Hidden Battery Power. Imagine your cell battery is very low. To activate, press the keys \*3370#. Your cell phone will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your cell phone next time.

**FOURTH** - How to disable a STOLEN mobile phone?

To check your mobile phone's serial number, key in the following digits on your phone: \*#06#. A 15-digit code will appear on the screen. This number is unique to your handset. Write it down and keep it somewhere safe.

When your phone gets stolen, you can phone your service provider and give them this code. They will then be able to block your handset, so even if the

thief changes the SIM card, your phone will be totally useless. You probably won't get your phone back, but at least you know that whoever stole it can't use/sell it either. If everybody does this, there would be no point in people stealing mobile phones.

And finally....

**FIFTH** - Free Directory Service for Cells

Cell phone companies are charging us \$1.00 to \$1.75 or more for 411 information calls when they don't have to. Most of us do not carry a telephone directory in our vehicle, which makes this situation even more of a problem. When you need to use the 411 information option, simply dial: (800) FREE411, or (800) 373-3411 without incurring any charge at all. Program this into your cell phone now.



## **Spotlight on Karen Simonds**

Nancy Frederick was my sponsor in 1998. It seemed like I spent so much time working and I wanted to give back in some way to the community. I think Altrusa is a very worthwhile organization and the women are all very giving of their time and taking on worthwhile community projects. The giving of scholarships to college students is a great one.

I am presently retired almost three years now and I am still subbing in the school wing on an on-call basis. I worked at the Seneca County Opportunity Center for 27 years in various positions.

The last 16 years I worked in Adult Services as an Activities Specialist. I was the Director of the Special Olympic programs, taught Habilitation classes both in Tiffin and Fostoria Division workshops. I also was in charge of the senior citizen programming which consisted of mainly community trips and a few in house activities.

We moved to Tiffin in 1974 because my husband Bill was hired at Columbia LNG in Green Springs, Ohio. We moved here from East Liverpool, Ohio. My husband had worked for Quaker State Oil. We liked Tiffin so much better and have been here ever since.

We have two children: Gregory Todd Simonds, now 43 and Jennifer Lynn Donaldson, who is 38. Greg married Kim and they have 3 children: Kylie 18, Todd 10 and Emma is 5. Jennifer is married to Dane Donaldson and they have a son, Ryder who is 3. They run a State Farm agency in Strongsville, Ohio.

We all love camping in the summer time and we keep busy watching their sporting events in the winter and summer. We moved 3

years ago in town after living in the country for 32 years. We enjoy going on trips to new places and spending time with the family and friends.

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### ***If you marry an Ohio girl...***

Three friends married women from different parts of the Midwest.

The first man married a woman from Indiana. He told her that she was to do the dishes and house cleaning. It took a couple of days, but on the third day, he came home to see a clean house and dishes washed and put away.

The second man married a woman from Michigan. He gave his wife orders that she was to do all the cleaning, dishes and the cooking. The first day he didn't see any results, but the next day he saw it was better. By the third day, he saw his house was clean, the dishes were done and there was a huge dinner on the table.

The third man married a girl from Ohio. He ordered her to keep the house cleaned, dishes washed, lawn mowed, laundry washed, and hot meals on the table for every meal. He said the first day he didn't see anything, the second day he didn't see anything but by the third day, some of the swelling had gone down and he could see a little out of his left eye, and his arm was healed enough that he could fix himself a sandwich and load the dishwasher.



# Girls in my circle

When I was little,  
I used to believe in the  
concept of one best friend,  
And then I started to  
become a woman.  
And then I found out that if  
you allow your heart to open  
up, God would show you  
the best in many friends.

One friend is needed when  
you're going through things  
with your man.  
Another friend is needed  
when you're going through  
things with your mom.

Another will  
sit beside  
you in the  
bleachers  
as you  
delight in  
your children  
and their  
activities.

Another when you want to  
shop, share, heal, hurt, joke,  
or just be.  
One friend will say, 'Let's cry  
together,'  
Another, 'Let's fight  
together,'



Another, 'Let's walk away  
together.'

One friend will meet your  
spiritual need,  
Another your shoe fetish,  
Another your love for  
movies,  
Another will be with you in  
your season of confusion,  
Another will be your clarifier,  
Another the wind beneath  
your wings.

But whatever their  
assignment in your life,  
On whatever the occasion,  
On whatever the day,  
Or wherever you need  
them to meet you with their  
gym shoes on and hair  
pulled back,  
Or to hold you back from  
making a complete fool of  
yourself .  
Those are your best friends.

It may all be wrapped up in  
one woman, But for many,  
it's wrapped up in several..  
One from 7th grade,  
One from high school,  
Several from the college  
years,  
A couple from old jobs,  
On some days your  
mother,  
On some days your  
neighbor,  
On others, your sisters,  
And on some days, your  
daughters.

**Thanks for being in my  
circle.**

(submitted by Mary Lou)

## How is Norma?

..... This is hilarious!

A sweet grandmother  
telephoned St. Joseph 's  
Hospital. She timidly asked,  
"Is it possible to speak to  
someone who can tell me  
how a patient is doing?"

The operator said, "I'll be  
glad to help, dear. What's  
the name and room  
Number of the patient?"

The grandmother in her  
weak, tremulous voice said,  
"Norma Findlay, Room  
302."

The operator replied, "Let  
me put you on hold while I  
check with the nurse's  
station for that room."

After a few minutes, the  
operator returned to the  
phone and said, "I have  
Good news. Her nurse just  
told me that Norma is doing  
well. Her blood pressure is  
fine; her blood work just  
came back normal and her  
Physician, Dr. Cohen, has  
scheduled her to be  
discharged tomorrow."

The grandmother said,  
"Thank you. That's  
wonderful. I was so worried.  
God bless you for the good  
news."

The operator replied, "You're  
more than welcome. Is  
Norma your daughter?"

The grandmother said, "No,  
I'm Norma Findlay in Room  
302. No one tells me shit."

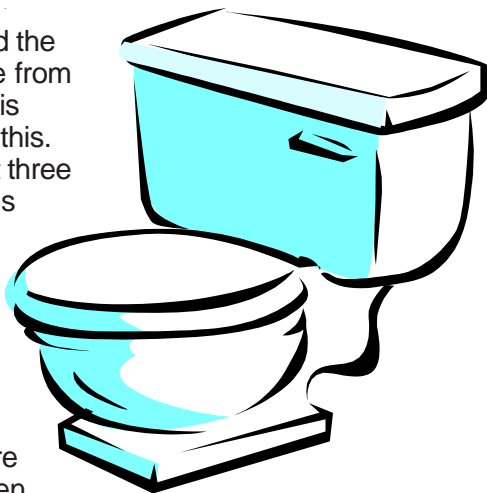
**TRUE STORY**

**Editor's Note:** *Cute, but with  
today's privacy laws, this  
definitely is an urban myth,*

## How to wash a toilet...

This was simply too much of a time saver not to share.

1. Put both lids of the toilet up and add 1/8 cup of pet shampoo to the water in the bowl.
2. Pick up the cat and soothe him while you carry him towards the bathroom.
3. In one smooth movement, put the cat in the toilet and close the lid. You may need to stand on the lid.
4. The cat will self agitate and make ample suds. Never mind the noises that come from the toilet, the cat is actually enjoying this.
5. Flush the toilet three or four times. This provides a 'power-wash' and rinse'.
6. Have someone open the front door of your home. Be sure that there are no people between the bathroom and the front door.
7. Stand behind the toilet as far as you can, and quickly lift the lid.
8. The cat will rocket out of the toilet, streak through the bathroom, and run outside where he will dry himself off.
9. Both the commode and the cat will be sparkling clean.



Sincerely,  
The Dog